



EPISCOPAL
SCHOOL OF BATON ROUGE

Lower School
STEP-UP PACKET
2026-2027

Kindergarten

Step Up Packet for Kindergarten

Social and Emotional Growth & Development

Self-help skills such as: washing hands, opening snacks independently, tucking in your shirt, **tying your shoes**, and cleaning up a small mess.

Playing independently for at least 15 minutes at a time, quietly.

Playing with others and taking turns.

Listening to 2 or more directions at a time and being able to follow them.

Play games together and practice taking turns, counting on a board game, problem solving, winning and losing.

Play!!!! Play dress up, build with Legos and blocks. Ride your bike or scooter. Use your imagination and tell stories or put on puppet shows.

Summer Read Aloud Suggestions

Read with and to your child daily for 20 minutes.

Brown Bear, Brown Bear, What Do You See? by Bill Martin, Jr. & Eric Carle

Can't You Sleep, Little Bear? by Martin Waddell

Click, Clack Moo: Cows That Type by Doreen Cronin

Corduroy by Don Freeman

Curious George by H. A. Rey

Guess How Much I Love You by Sam McBratney

Harold and the Purple Crayon by Crockett Johnson

Harry the Dirty Dog by Gene Zion

I Like Myself! by Karen Beaumont

Make Way for Ducklings by Robert McCloskey

The Little House by Virginia Lee Burton

The Umbrella by Jan Brett

Where the Wild Things Are by Maurice Sendak

David series by David Shannon

Llama, Llama series by Anna Dewdney

Olivia series by Ian Falconer

Pete the Cat series by James Dean and Eric Litwin

Pigeon series by Mo Willems

Rainbow Fish by Marcus Pfister

The Bob Books series

How Do Dinosaurs...? series by Jane Yolan and Mark Teague

The Biscuit Book Series

The Dear Dragon Series

The Froggy Series

How to Catch Series

If you give a ... Series

Summer Math Ideas

All Lower School Students

Family game night

This is a great way to have fun with math! Many games encourage counting, flexible thinking, problem-solving, strategic thinking, multi-step problem-solving, spatial reasoning, pattern recognition, resource management ... and so on! [Here](#) are a few of our favorites, and here are a few other sites with great ideas:

- mindresearch.org
- understood.org
- discoverexplorelern.com

Cook together

There's tons of math in cooking! From measuring the ingredients to setting the oven temperature and timer to determining how many portions a meal will make -- and it's fun too!

Calendar

Encourage your child to keep a calendar on the wall. Give your child a list of the events s/he will do this summer and put them to work by filling in the calendar. From time to time, ask your child calendar questions -- How many more days until Sunday? When do we go to the library? What day of the week is that? How many more days until school ends? And so on!

Early Childhood Students

Count out loud at every opportunity

For example, say "You have five cookies: one, two, three, four, five" as you place them on the plate one at a time. Have your child join you, pointing to the cookies as you count together.

The Teen Numbers

The teen numbers (between 10-20) can be tricky for young children because they don't follow the typical pattern. When counting, slow down when you get to these numbers, annunciating the pronunciation. Practice writing the numbers. Use a paper plate or a tray and some salt or sand to have your child write different teen numbers as you say them aloud. You can also do this with shaving cream or whipped cream.

Practice Counting on

Give your child a group of objects (ex: 3 blocks). Count the blocks together. Give them more objects (ex: 4 more blocks) and have them practice counting without recounting the first group (3, 4, 5, 6, 7).

One more, One less

Give your child a group of objects. Ask "If I give you one more, how many would you have? If I take one away, how many would you have left?"

Practice Patterning

Have your child create a pattern with objects found in your home (Legos, race cars, Fruit Loops, crayons, items from nature, etc). Start first by making an AB pattern. Once your child has mastered that, move to more challenging patterns ABC, AABB.

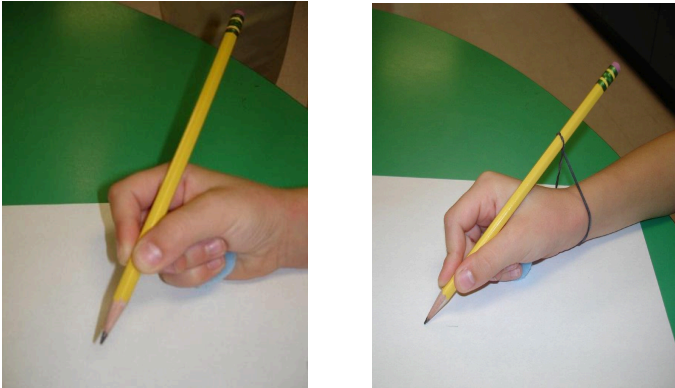
Classify and sort found objects

These can be objects from your home (blocks, Legos, coins) or nature (rocks, flowers, leaves). Have your child sort the objects by different properties (size,

	color, shape, material, etc). Then, have them think of another way to classify objects and explain their organizational system to you.
Use mathematical vocabulary in familiar contexts	Sometimes we feel like we have to water down the way we talk to children, but if a child can get their mouth ready to say “tyrannosaurus rex,” you would be surprised by the vocabulary they are ready to learn. (Perimeter, greater than, fewer, equal, octagon, positional words like behind, over, etc.)

Literacy Ideas

Letters	<ul style="list-style-type: none"> ● Identify upper and lowercase letters in random order. ● Go on letter hunts around your house, neighborhood, and on your summer adventures. Use post-it notes with the letters written on them to find around the house; choose four letters that are tricky at a time to practice and then master before adding more. This can be done with sounds too!
Sounds	<ul style="list-style-type: none"> ● Begin to associate letters with sounds. ● Identify the sounds that each of the letters in your name make and think of other words that start with those letters. ● Practice short vowel sounds.
Writing	<ul style="list-style-type: none"> ● Write your first name using upper and lowercase letters correctly. Make strokes from top to bottom. ● Keep paper available to encourage bookmaking, summer journaling after fun experiences, card making, and letter writing.

<p>Pencil Grip Note pencil grip photos and hints to help.</p>	
	<ol style="list-style-type: none"> 1. Give your child a pompom to hold with the 4th and 5th fingers to help ensure a proper pencil grip. 2. Place a rubber band as shown to help the pencil “lay down” in the proper position.

Fine Motor

Fine motor practice ideas:

- Hold scissors the correct way and cut various types of lines (straight, curved, zigzag).
- Use a hole punch.
- Play with modeling clay and Play-Doh to make shapes, letters, numbers, and objects.
- Use tweezers, chopsticks, or clothespins to pick up small objects such as pompoms.
- Color, draw, and write for fun!

2026-2027 Kindergarten Supply List

Unless otherwise noted, supplies should not be labeled with the child's name.

2 boxes of large 8-count Crayola crayons (please, no size or brand substitutions)

1 pack of 10 Crayola Broad Line markers

1 box of 2 Ticonderoga My first beginner (large pencils)

2 packs of 4 Elmer glue sticks

1 plastic pencil box large

1 Play-Doh pack of 4

2 Plastic crayon boxes (small for a box of crayons)

1 Pair of scissors (Fiskars brand)

2 Plastic folders with prongs: 1 purple, 1 green

1 water bottle **all plastic** (we recommend Contigo brand 14 oz with pop-up lid and straw see example below)



2 Plastic folders with NO prongs: 1 red, 1 blue

2 Pampers baby wipes pack

2 Boxes of Kleenex Brand tissues

1 Pack of Colorox Wipes

1 Roll of Bounty paper towels

2 small bottles of Hand sanitizer Purell only

1 Box of Quart-sized Ziploc Bags

1 Box of Gallon-sized Ziploc Bags

1 backpack large enough for a large binder to fit inside. **No rolling backpacks. Child's name labeled.**

Machine Washable Nap Mat. We recommend the nap mats that roll up with the blanket sewn into the side. **NO SLEEPING BAGS OR TRI-FOLD PLASTIC MATS. Child's name labeled.**

A uniform change of clothes with underwear and socks. Clothes should be in a Ziploc bag. Please label the bag with your child's name and each article of clothing.

Enrichment Supplies:

1 spiral-bound sketchbook (8 1/2" x 11")-Art

1 Poster board

1 set of Prang watercolors- Art

1 roll paper towels - Art

3 Elmer's glue sticks - QUEST

1 box of 24 regular count crayons - QUEST

2 purple folders - World Language

Literacy Resources

Foster a love of reading all summer long!

- East Baton Rouge Parish Library
 - Summer Reading Program
 - Storytimes and Events
 - BookFlix pairing fiction and nonfiction
 - Overdrive e-books collection
 - Digital Resources galore!
- Epic! e-books, audiobooks, and Read-to-Me books
- Novel Effect App brings stories to life with interactive music and sound effects
- Highlights Magazines
- PBS Kids Games and Videos

